

Behavioral Risk Factor Survey

The Behavioral Risk Factor Survey (BRFS) is a random telephone survey, coordinated through the Centers for Disease Control, which collects information from adults on health behaviors and knowledge related to leading causes of death in each of the states. Approximately 200 interviews were obtained from Cannon County. About half of all deaths occurring annually are now attributed to modifiable behavioral risks. In addition to determining what types of health risks are most prevalent in the population, the BRFS data will be very useful in determining what types of interventions are most needed for other health problems such as excess deaths from a particular chronic disease. A modified version of the standard BRFS was developed specifically for the “Community Diagnosis” process. In addition to the questions on the standard BRFS survey, a series of health issues are listed. The respondent is asked if the issue is a “Definite Problem”, “Somewhat of a Problem”, “Not a Problem”, or “Not Sure”. The list of the health issues with frequency of response as a “Definite Problem” is as follows:

Tobacco Use	52%	Top Ten Issue Highlighted
Cancer	37%	
High Blood Pressure	36%	
Alcohol Abuse	36%	
Arthritis	33%	
Teen Pregnancy	33%	
Heart Conditions	31%	
Obesity	29%	
Drug Abuse	28%	
Health Problems of the Lung	23%	
Environmental Issues	23%	
Animal Control	20%	
Diabetes	15%	
STD'S	10%	
Violence in the Home	10%	
Mental Health Problems	8%	
Other Violence	6%	
Suicide	6%	

Cannon County's Access to Care Issues Percent Saying Definite Problem

Transportation to Health Care	13%
Access to Prenatal Care	12%
Access to Assisted Living Services	8%
Access to Nursing Home Care	6%
Access to Birth Control Methods	5%
Access to Dental Care	5%
Access to Physicians or Doctors	5%
Access to Hospitals	5%
Access to Pharmacies, Medicines	3%